

Instructions for Homemade Face Mask

Materials needed

- Tight-weave cotton fabric (i.e. quilting cotton)
 - Fabric must be newly purchased.
 - Wash and dry fabric without fragrance or dyes prior to sewing.
- Rope Elastic, beading cord elastic will work (you may also use 1/8" flat elastic if 3/4" is unavailable).

One adult mask requires two (2) 9"x6" pieces tight-weave cotton and two 7" pieces of 1/4 inch elastic. Therefore, one yard of 44" wide fabric yields 12-15 masks. You need 7.5 yards of elastic for 25 masks (14 inches per mask).

You can make two sizes: Adult or Child. Adult-sized masks will be the greatest need.

1. Put right sides of cotton fabric together (Be sure any fabric design is placed horizontally.)
 - a. Cut 9x6 (Adult) or 7.5 x 5 (Child)
2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. Again, put an elastic with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
8. Sew around the edge of the mask twice.

